

Community Mental Health Services/Resources for Students

Monongalia County Schools

The following persons or agencies have opted to participate in a reference of mental health care resources for our local area. Monongalia County Schools is not endorsing or recommending these individuals or agencies. If you know of some resources that might like to be included in this list, they should contact Angela Hayes, Coordinator of Student Psychological Services, at 304-291-9210, Extension 1517.

<p>4-H Health Initiative</p> <p>Extension Service WVU Downtown Office 270 Mylan Park Lane, Suite 250 Morgantown, WV 26501</p> <p>Becca Fint-Clark, WVU Monongalia County 4-H Youth Development Extension Agent Heather Tanton, WVU Monongalia County 4-H Program Assistant Phone: 304-291-7201 Website: https://extension.wvu.edu/youth-family/4h https://extension.wvu.edu/monongalia/4h</p>	<p>Description of Services: West Virginia 4-H is a free, educational program for West Virginia youth in all 55 counties. The focus is on helping youth learn leadership, citizenship, and life skills by participating in projects and service.</p> <p>Targeted Populations: Membership is open to any youth when he/she is in at least 9 years of age and is not older than 21 within the current 4-H year</p>
<p>Anxiety & OCD Solutions, LLC</p> <p>David M. Davis, LPC, NCC</p> <p>6000 Coombs Farm Drive, Suite 106 Morgantown, WV 26508</p> <p>Phone: (304) 249-8164 Fax: 1 (866) 850-7332 Email: david@aocdsolutions.com Website: aocdsolutions.com</p>	<p>Description of Services: Specializes in the treatment of Obsessive-Compulsive Disorder (OCD) and other anxiety disorders. Also works with individuals who present with a wide range of different mental health concerns. Utilizes Cognitive Behavioral Therapy (CBT), Exposure and Response Prevention (ERP), and Acceptance and Commitment Therapy (ACT) among other evidence-based approaches. Offers in person and teletherapy.</p> <p>Target Population: Children, adolescents, and adults</p> <p>Insurance: Accepts most commercial health insurance plans.</p>
<p>Apex Counseling</p> <p>Jonathan Pishner, MA, LPC, NCC, CT Trauma, anxiety, anger management, behavioral addiction, couples. Ages 13 and up</p> <p>Laura Walls, MA, LPC, NCC Trauma, anxiety, depression, abusive relationships, split homes and divorcing parents, school/home based behavioral issues, parent coaching. Ages 3-40</p> <p>160 Fayette Street, Suite 206 Morgantown, WV 26505 Phone: 304-381-3659 Website: www.apexcounseling.org</p>	<p>Description of Services: Psychotherapy services for individuals, couples, and groups focusing on brief counseling interventions and clear goals.</p> <p>Insurance: In-Network with the Blue Cross family of insurances and PEIA. Most other insurances accepted Out-of-Network</p> <p>Additional Comments: Three trained trauma therapists on staff: Jonathan and Laura; Two children's counselors working with various ages: Jonathan, Laura. All counselors can work with parents. In person and telehealth services are available for all therapists.</p>

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<p>APO Counseling LLC</p> <p>1553 Stewartstown Road Morgantown, WV</p> <p>Phone: 304-284-8438 Website: Apocounseling.com</p>	<p>Description of Services: Stress, depression, grief, anxiety, trauma with individuals, couples, and families.</p> <p>Target Population: Children, adolescents, and adults.</p> <p>Insurance: Accepts most insurance providers with the exception of Medicaid</p>
<p>Chestnut Mountain Ranch</p> <p>Dawn Finn, Program Director Bradley Clodfelter, Program Manager</p> <p>244 Ponderosa Ponds Rd. Morgantown, WV 26508</p> <p>Website: www.cmrwv.org Email: info@cmrwv.org Phone: 304-241-1709 Fax: 304-241-1711</p>	<p>Description of Services: Christ-centered school and home for at-risk boys in crisis and in need of hope and healing. Partnering with their families, Chestnut Mountain Ranch pursues family restoration. Parent/guardian participation is required.</p> <p>Target Population: Boys ages 11-15 at time of enrollment.</p>
<p>Children in Balance</p> <p>3000 Coombs Farm Rd, Suite 102 Morgantown WV 26508</p> <p>Jennifer L. Walker, M.Ed., LPC Owner & Counselor</p> <p>Phone: 304-241-1097 Websites: http://www.womeninbalancellc.net/ Hours of operation: Monday-Thursday: 8 am- 8 pm Friday- 9 am- 3 pm Saturday appointments available as needed</p> <p><i>*Affiliated with Women in Balance</i></p>	<p>Description of Services: Team specializes in a variety of mental health concerns including: trauma; EDMR; eating disorders; LGBTQ; ADHD; Oppositional Defiant Disorder; Autism Spectrum Disorder; anger issues, physical aggression, and temper tantrums; school issues such as bullying, behavior problems, poor grades, and social skills; physical & sexual abuse; grief & loss; separation and social anxiety; depression & mood disorder; adjustment issues</p> <p>Family Counseling: Parent-Child Interaction Therapy (PCIT), parenting support, including behavior management and effective discipline, co-parenting, adjusting to blended families, consistent expectations between households, communication skills</p> <p>Target Population: children, adolescents, and families</p> <p>Insurance: Accepts Blue Cross Blue Shield (All Plans), PEIA, Aetna, Tricare, The Health Plan CHIP of WV, Magellan, Cigna, UPMC (Commercial, Value, Value Select, and UPMC for Kids), United Behavioral Health Cash Pay and Sliding Scale</p> <p>Comments: Telehealth counseling is available.</p>

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<p>Fremouw-Sigley-Baker Psychological Associates</p> <p>Diane T. Woodrum, Ed.D</p> <p>1445 Stewartstown Rd, Suite 200 Morgantown, WV 26505</p> <p>Phone: 304-598-2300 Hours of Operation: 8:00 to 4:00</p>	<p>Description of Services: Complete range of psychological services including individual, family, and group therapy, social skills, ADHD, anxiety, behavioral difficulties, and trauma</p> <p>Assessment/Evaluation Types: Educational and psychological evaluations, including ADHD, learning disabilities.</p> <p>Targeted Population: Ages 3-21</p> <p>Insurance: Medicaid and most insurances</p>
<p>Harmony Roots</p> <p>1005 White Willow Way Morgantown, WV 26505</p> <p>Phone: 304-460-5123 Website: GRWHealth.com Email: info@grwhealth.com Hours of Operation: Monday –Thursday: 8am – 6:30pm; Friday: 8am-4:30 pm. Saturday visits are provider specific.</p>	<p>Description of Services: Board certified psychiatrists and licensed therapists providing general psychiatry including medication management and therapy. Treatment for targeted for individuals with conditions including depression, anxiety, bipolar disorder, schizophrenia, ADHD, substance abuse, and body image. We are also qualified to assess and provide documentation for an Emotional Support Animal. Telehealth services available.</p> <p>Targeted Population: Adolescents and Adults</p> <p>Insurance: Accepts most insurances, but we ask that you please check your benefits for coverage as our services may be covered as a specialty.</p> <p>Additional Comments: Not all providers are available on Saturdays, so please let the team know when you call so that they can connect you with the correct provider.</p>
<p>Holistic Therapy Center</p> <p>Jamie Downs, LICSW, MSW, AADC, CCJP Advanced Alcohol and Drug Counselor Certified Criminal Justice Professional EMDR Therapist</p> <p>1533 Mileground Rd, Suite B Morgantown, WV 26505 Phone: 304-680-7003 Website: holistictherapyctr.com/home.html Email: info@holistictherapyctr.com Hours of Operation: Monday-Friday by app</p>	<p>Description of Services: Psychotherapy services for presenting concerns including: anxiety, depression, trauma, grief/loss, self-esteem, family issues, school issues, panic, addiction, anger management, and stress management. Telehealth services are available.</p> <p>Insurance/Fee Information: Highmark, Blue Cross/Blue Shield, PEIA, Health Plan, United, Aetna, and private pay.</p> <p>Additional comments: Also utilizes addiction counseling, cognitive behavioral therapy, and mindfulness based therapy.</p>

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<p>Integrative Counseling Solutions</p> <p>Michelle Lewis, MSW, LICSW 713 Green Bag Rd Morgantown, WV 26508 Phone: 304- 685-4773 Website: www.icswv.com Email: michelle@icswv.com Hours of Operation: Monday-Friday 8:00-4:00</p>	<p>Description of Services: Mental health counseling with a specialty in trauma processing and grief counseling. Trained in Eye movement desensitization and reprocessing (EMDR) Insurance Information: Most major insurances accepted</p>
<p>Intensive Trauma Recovery</p> <p>Phone: 800-755-6105 Hours of Operation: By appointment- please call Email: info@helpfortrauma.com Website: www.traumatherapy.us</p> <p>* Instinctual Trauma Response™ is what happened to you, ITR™ is how to resolve it. We connect individuals with ITR certified specialists around the county virtually or live depending on location.</p>	<p>Description of Services: Treatment of trauma-related disorders using an intensive format. ITR™; intensive trauma resolution; 2-4 hours a day for a minimum 20 hours within a few weeks. Virtual or in-person options are available. Please call for a pre-screening. Targeted Population: Children/youth/adults, who have survived a traumatic experience and have adverse life issues caused by it. Insurance Information: Self-Pay upfront. Insurance may offer reimbursement to the client under: "Out of Network Direct Reimbursement for routine outpatient (90837) or intensive outpatient work." This depends on the policy and sometimes if a primary care physician prescribed intensive outpatient work. ITR accepts self-pay to reserve the time upfront. We cannot guarantee reimbursement. Some funds are available through religious, private or public funds like VOCA (Victims of Crime Act).</p>
<p>Key Learning Autism Center</p> <p>Mountaineer Mall 5000 Green Bag Rd., Space A-1 Morgantown, WV 26501</p> <p>Phone: 304- 241- 8401 Toll-Free: 877-826-8086 Fax: 304-241-8402 Email: office@keylearningautismcenter.com Website: www.keylearningautismcenter.com/</p>	<p>Description of Services: Offers Applied Behavior Analysis (ABA) Therapy for children with Autism Spectrum Disorder (ASD). ABA Therapy is used to develop communication, social skills, toilet training, feeding, daily living skills, academic curriculum and problem behavior reduction and replacement. We offer half day and full day programs from 2-5 days per week. Children attending both public school and the KLAC will receive a behavior intervention plan, if needed, for both environments. Targeted Population: Children ages 2-6 with a diagnosis of Autism Spectrum Disorder (ASD). Additional Comments: To place your child on the waitlist, you need a referral from their doctor that states their name, contact information, and diagnosis of autism from a licensed physician or licensed psychologist.</p>

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<p>Lewis Counseling Practice</p> <p>Amanda Lewis, MA, NCC, LPC Stephanie Carter, MSW, LGSW</p> <p>7000 Coombs Farm Dr. Suite 202 Morgantown, WV 26508 Phone: 304-413-5002 Email: amanda@lewis counselingpractice.com Website: https://www.lewis counselingpractice.com/ Hours: Mon-Fri by appointment, including after school and evening</p>	<p>Description of Services: Works with children and adolescents struggling with various anxiety disorders, depression, trauma, school refusal/anxiety, social adjustment concerns, family changes, substance use concerns within the family, grief and loss. Utilizes an eclectic treatment approach. Telehealth appointments are offered using a HIPAA compliant platform.</p> <p>Target Population: 11 years old and up Insurance: PEIA, Blue Cross Blue Shield, UPMC, The Health Plan, United Health Care, and self-pay</p>
<p>Libera, Inc.</p> <p>Karen Haring (Executive Dir.) Jessica Haring (Counselor) P. O. Box 1147 Dellslow, WV 26531 Phone: 304-460-5018 (For scheduling appointments) Phone: 304-319-0970 (For other information) E-mail: liberawv@gmail.com Website: www.liberawv.com</p>	<p>Description of Services: Libera, Inc. is a registered 501©(3) whose mission is to create an environment where women and teens in WV are empowered to live in freedom. Listen to stories and help them to take steps toward emotional, intellectual, relational, spiritual, physical and financial freedom. Provide vital connections through groups, individual counseling, mentoring, resources, workshops, and volunteer opportunities to help women find their identities, voices, strengths, purpose, and their freedom.</p> <p>Assessment: Through individual counseling and art therapy techniques</p> <p>Targeted Population: Women & teens Insurance: \$40 for those can afford the costs for individual counseling. Does offer pro bono services for those who cannot pay. Comments: Groups meet once a week for 6 weeks and are held in all counties over north central WV. Telehealth counseling available.</p>
<p>Lucy Moats Division of Probation Services Juvenile Drug Court Coordinator</p> <p>Supreme Court of Appeals Monongalia County Probation 75 High Street, Suite 16 Morgantown, WV 26505 Phone: 304-291-7217 Fax: 304-291-7213 E-mail: Lucinda.moats@courtswv.gov</p>	<p>Description of Services: A diversion program provided by WV Supreme Ct. of Appeals to aid in the rehabilitation of youth who use alcohol or other drugs.</p> <p>Targeted Population: Substance Involved Individual between the ages of 10-17 who have been charged with drug/alcohol-related non-violent misdemeanor or felony charges or related status offenses or other nonviolent offenses where the underlying factor is substance abuse.</p> <p>Comments: 4-phase program that includes counseling and drug testing.</p>

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<p>MonHealth Wedgewood Primary Care and Psychiatry</p> <p>1000 Mon Health Medical Park Dr., Suite 1202 Morgantown, WV 26505</p> <p>Phone: 304-599-1975 (same number) Hours of Operation: Monday-Friday by appointment 8:30-5:00</p>	<p>Description of Services: Psychological assessments/evaluations, diagnostic exams, psychotherapy, medication management Targets Population: Children/adults Insurance: Accepts most commercial insurances and Medicaid. Does not accept Cigna insurance.</p>
<p>Monongalia County Child Advocacy Center</p> <p>909 Green Bag Rd. Morgantown, WV 26508</p> <p>Phone: 304-598-0344 Website: https://www.moncocac.org/ Email: moncocac@comcast.net Hours of Operation: Tues-Thurs 9:00-7:00 Fri 9:00-4:00 (Mon and Wed by appointment)</p> <p>*Please contact Dr. Capage to schedule an appointment.</p>	<p>Description of Services: Comprehensive clinical/psychological evaluations, and therapy (individual, family, group). We specialize in working with children who have experienced traumatic or stressful events. We work with children who have been abused or neglected, as well as those who have experienced other traumatic events, loss, family conflict, and significant emotional distress (e.g., depressive symptoms, anxiety, PTSD, cutting behaviors, suicidal thoughts/behaviors). We see children at our agency as well as in the schools, which allows us to collaborate with teachers and school counselors and attend school meetings. We also provide support/training for parents. Assessment/Evaluations: Mental health evaluations, and comprehensive psychological evaluations Target Population: Children ages 3-18 who have experienced traumatic or stressful events.</p>
<p>Mountaineer Psychological Services Jennifer Myers, PhD (Owner & Licensed Psychologist)</p> <p>Morgantown Office 4000 Coombs Farm Drive Bldg D, Unit 102 Morgantown, WV 26508</p> <p>Bridgeport Office 105 N Wedge St Bridgeport, 26330</p> <p>Phone: 304-241-1766 Fax: 304-381-2648 Email: office@mountaineerpsyc.com Website: http://mountaineerpsyc.com/ Hours of Operation: Mon-Fri 8:00-5:30</p>	<p>Description of Services: Psychological behavioral health evaluation and treatment, we have a licensed psychologist and several counselors. We also provide couples, family, and group counseling, and consultations. Assessment/Evaluations: Diagnostic evaluations, identification of issues with behavioral problems, truancy, substance abuse, ADHD, mood and anxiety, child abuse and neglect trauma Targeted Population: Children, adolescents, and adults Insurance: accepts most insurances, generally tries to check during the referral process. Additional Comments: A reasonable waitlist. Accept court-ordered referrals. In person and telehealth options. Evening hours by appointment, no weekend appointments</p>

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<p>Neuropsychology Group of WV PLLC</p> <p>9000 Coombs Farm Dr., Suite 202 Morgantown, WV 26508</p> <p>Phone: 304-554-0504 Fax: 304-554-0505 Email: referrals@ngwv.net Website: www.ngwv.net/ Office Hours: Monday-Friday 8:00-5:00</p>	<p>Description of Services: Our team of neuropsychologists have specialty training to design effective assessments for a wide array of conditions which are known to have an impact upon brain functioning. Assessments will provide valuable information which can be used to maximize a person's daily functioning. Specialty areas include ADHD, Pediatric Neuropsychology, Traumatic Brain Injury, Concussions, Memory Disorders, Neurologic Disorder including Epilepsy, Psychiatric Disorders, Learning Disorders, and general medical conditions.</p> <p>Targeted Population: Services for all ages 4 and up.</p> <p>Insurance: Accepts most insurance.</p>
<p>Next Steps LEND Clinic WVU Center for Excellence in Disabilities (CED)</p> <p>959 Hartman Run Road Morgantown, WV 26505</p> <p>Phone: 304-293-4692 Website: http://cedwvu.org/next-steps-clinic/</p>	<p>Description of Services: Provides assessments of children diagnosed with autism spectrum disorders and other neurodevelopmental disabilities. Provides an interdisciplinary diagnostic assessment to develop an "individualized life plan", which can address educational needs (e.g., communication, motor, social), family supports that address financial and social programs, local community supports, life skills including planning for transitions, linkage with advocacy organizations, and development of self-advocacy skills.</p> <p>Targeted Population: Any family with a child from birth to age 21 with a neurodevelopmental or related disability is eligible for services</p>
<p>Positive Behavior Support (PBS) WVU Center for Excellence in Disabilities (CED)</p> <p>959 Hartman Run Road Morgantown, WV 26505 Phone: 855-558-4296 Hours of Operation: M-F 8:00-5:00 Website: http://pbs.cedwvu.org/ Email: pbs@hsc.wvu.edu</p> <p>More info and to make a referral at http://pbs.cedwvu.org/client-services/</p>	<p>Description of Services: The Positive Behavior Support Program provides statewide home and community PBS services for youth with a developmental disability, Traumatic Brain Injury, or mental health concern. Brainstorming = A one hour telehealth consultation. Person Centered Planning = A plan of action to help someone reach their dreams. PBS Intensive = A child must be at risk of out of home placement due to severe challenging behaviors. A Behavior Specialist will conduct a Functional Behavior Assessment and create a Positive Behavior Support Plan with the family. Additional Comments: The PBS Program also offers parenting and professional development classes in Positive Behavior Support. More info on Trainings at http://pbs.cedwvu.org/pbs-trainings/</p>

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<p>PSIMED Morgantown</p> <p>1111 Van Voorhis Rd., Suite J Morgantown, WV 26505+</p> <p>Phone: 304-212-5526 Website: www.psimedinc.com/morgantown/ Hours of Operation: Mon-Tues, Thurs-Fri: 8:00-5:00; Wed: 8:00-8:00; Open one Saturday a month.</p>	<p>Description of Services: A comprehensive mental health outpatient clinic that provides counseling and psychiatric care.</p> <p>Target Population: Children, adolescents, adults, couples, and families.</p> <p>Insurance: Accepts the following insurances: Aetna, BCBS, Humana, Medicare, PEIA (Healthsmart), The Health Plan, Tricare, United Healthcare, Cigna, and UMWA.</p>
<p>Quin Curtis Center</p> <p>Stephanie R. McWilliams, Ph.D Assistant Professor, Department of Psychology Assistant Director, Quin Curtis Center</p> <p>WVU Department of Psychology 53 Campus Drive P.O. Box 6040 Morgantown, WV 26506</p> <p>Phone: 304-293-1824 Email: QCC@mail.wvu.edu Hours of Operation: WVU School Year (mid-August through May) Monday-Wednesday, 9:00-6:00; Thursday. 9:00-5:00; Friday, 9:00-4:00 *Summer (May through mid-August) Monday-Thursday, 10:00-4:00</p>	<p>Description of Services: Child, individual, couples, and family therapy for a wide range of emotional and behavioral difficulties.</p> <p>Assessments/Evaluation Types: Learning disabilities, ADHD, neuropsychology, ASD, IQ</p> <p>Targeted Population: Most are welcome, although we currently provide very limited services for individuals with developmental delays or autism.</p> <p>Insurance: No insurance is accepted. Each session is paid in cash or check based on a sliding scale of \$5-\$60.</p> <p>Additional Comments: This is a training clinic. Clients will be seen by graduate level students who are supervised by a PhD level supervisor. Telehealth is available.</p>
<p>Resilient Kids</p> <p>2000 Coombs Farm Rd. Morgantown, WV 26508</p> <p>1277 Suncrest Towne Center Morgantown, WV 26508</p> <p>Phone: 304-381-2211 Hours of Operation: Monday-Friday 8:30-5:00, Evening hours by appointment only Website: http://www.naturalresilience.org/</p> <p>*Connected with Natural Resilience</p>	<p>Description of Services: Integrative counseling incorporates evidence based complementary and alternative therapies with conventional treatments in the interest of providing holistic and comprehensive care. Provides integrative services resulting in creative, individualized treatment plans to address various emotional issues, daily stressors, and life goals.</p> <p>Targeted Population: Resilient Kids- children/adolescents. Natural Resilience- adults.</p> <p>Insurance: Aetna, Blue Cross/Blue Shield, PEIA, TRICARE, MHnet, Humana, webtpa, Coventry, and The Health Plan. If your insurance is not listed here, we will inquire about becoming a provider.</p>

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<p>Sonder</p> <p>Valerie Stansberry, MS, LPC, CRC Terry Chapman, MSW, LICSW Kathy Servian, MA, LPC, ALPS, ICGC</p> <p>709 Beechurst Seneca Center, Suite 30 B Morgantown, WV 26505 Phone: 304-291-9491 Website: www.therapyatsonder.com Hours of Operation: 9:00 am to 6:00 pm Tuesday through Friday; Closed Mondays; Times may vary by appointment.</p>	<p>Description of Services: Individual and family therapy for adolescents and adults, general psychiatric conditions (e.g., depressive disorders, anxiety, trauma and stressor related disorders, etc.). Specialized focus on eating disorders with a multidisciplinary treatment approach that includes the pediatrician and nutritionist who specializes in eating disorders. Telehealth counseling available. Targeted Population: Adolescents impacted by bullying, teen pregnancy, adjustment problems, poor self-image, and performance anxieties. Insurance: We accept Blue Cross Blue Shield, PEIA, Aetna, Health Plan, and out-of-network policies. The fee for services will depend on the insurance contracted rate. Generally, prefer not to do out of network policies.</p>
<p>Theresa Williams, L.P.C</p> <p>425 Industrial Ave. Suite 204 Morgantown, WV 26505</p> <p>Phone: 304-216-1160 Website: www.theresawilliams counseling.com Hours of Operation: Weekday/Evenings/some weekend hours</p>	<p>Description of Services: Counseling services related to school/general adjustment issues. Offers play therapy, EMDR therapies, parenting support, anxiety, depression, and grief counseling. Telehealth counseling available. Targeted Population: Children, Teens, and Adults Insurance: Most medical insurances accepted (Blue Cross Blue Shield, Health plan, Aetna, 4 Most, Chips, PEIA, etc.), cannot accept medical card.</p>
<p>Traumatic Brain Injury (TBI) Services WVU Center for Excellence in Disabilities</p> <p>Miranda Talkington, TBI Program Manager 959 Hartman Run Road Morgantown, WV 26505 Phone: 304-293-4692 ext. 60690 Email: tbi@hsc.wvu.edu, miranda.talkington@hsc.wvu.edu</p>	<p>Description of Services: Provides services and supports to persons with traumatic brain injuries (TBI) through resource coordination, connecting individuals with TBI to the Funds for You Financial Assistance Program</p>
<p>United Summit Center WVU Medicine</p> <p>6 Hospital Plaza Clarksburg, WV 26301</p> <p>Phone: 304-623-5661 24 Crisis Line: 1-800-786-6480 Fax: 304-623-2989 Hours: M-F 8:30-5:00. evenings by appointment</p>	<p>Description of Services: Psychological/ Psychiatric Services. Provides School Based Mental Health Services and At-Risk Referral Services to Monongalia County Schools Additional Comments: Angela Hayes is BOE liaison/contact for At Risk referrals (304)-291-9210, Extension 1517 or e-mail at acaterin@k12.wv.us</p>

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<p>United Summit Center- Healthy Minds WVU Medicine Community Support and Outreach, Clarksburg</p> <p>Darcie Scott- Supervisor, Clinical Grants Email: darcie.scott@wvumedicine.org Telephone: 304-623-5661 ext. 1207</p> <p>Hotline: 1-844-WVKIDS-1 Triage. Stabilize. Refer. Follow Up</p>	<p>Description of Services: USC Community Support and Outreach strive to incorporate skills to build happy, resilient families that will learn to communicate during family meals, have the ability to make good decisions, feel good about themselves when asking for help, and extend a helping hand to other families in their community. This program includes a variety of resources including suicide prevention, peer support, Youth Outreach Specialists, Family Mental Health Specialists, Children Crisis Respite, and Children Mobile Crisis</p>
<p>United Summit Center- Healthy Minds WVU Medicine Crisis Respite Services</p> <p>Emily Finomore, Clinical Grants Manager Email: Emily.finomore@hsc.wvu.edu Telephone: 304-623-5661 ext. 1707</p> <p>Robin Hayes, Mental Health Specialist Email: robin.hayes@wvumedicine.org Telephone: 304-623-5661 ext. 1257</p>	<p>Description of Services: Crisis respite supplies a needed break for families. It is designed to provide short-term stability and supports individuals who are experiencing a mental health related crisis. Services may include: financial support to allow family/friends to help provide respite, educational and basic skills classes, extracurricular activities, follow-up services, referral to other services</p> <p>Targeted Population: Anyone aged 0-21 who is experiencing a mental health crisis and needs a temporary break from the stresses of everyday life</p>
<p>United Summit Center- Healthy Minds WVU Medicine Nurturing Parenting Program</p> <p>Paige Shanholtz, Family Coordinator Email: paige.shanholtz@wvumedicine.org Telephone: 304-623-5661 ext. 1217</p> <p>Jeannie McGinty, Family Coordinator Email: Jeannie.mcginty@wvumedicine.org Telephone: 304-623-5661 ext. 1251</p>	<p>Description of Services: Provides online meetings for parents/guardians, teen parents, children and teens to improve family dynamic. Parents and children will learn to: develop family rules, express anger without violence, give and receive positive recognition, discipline without spanking, hitting, or yelling, communicate feelings honestly, develop quality “time in”, practice nurturing routines, etc.</p> <p>Additional Comments: All meeting via WebEx. <i>Parents/Guardians:</i> Thursdays 2pm, <i>Teen Parents:</i> Tuesdays 2 pm, <i>Children ages 5-10:</i> Wednesdays 2pm, <i>Teens:</i> Wednesdays 3 pm</p>
<p>Valley Health Care System</p> <p>Crisis Line: 1-800-232-0020 (24/7) Suicide Prevention Hotline: 1-800-273-8255</p> <p>Morgantown Office 301 Scott Avenue Morgantown, WV 26508 Telephone: 304-296-1731 Fax: 304-225-2288</p> <p>Marion County Office: 304-366-7174</p>	<p>Description of Services:</p> <p><i>Mental Health Services:</i> Psychological testing and therapy, psychiatric evaluation, medication management, care coordination, supported housing, clubhouse program, homeless outreach program, Valley Assertive Community Treatment Program, prevention of suicide, Crisis Stabilization Unit.</p> <p><i>Intellectual and Developmental Disabilities:</i> Waiver Community Support, service coordination, family support program, site-based day habilitation program, residential for developmental disabilities.</p>

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<p>Preston County Office: 304-329-1059 Taylor County Office: 304-265-3947 WEBSITE: www.valleyhealthcare.org</p>	<p><i>Chemical Dependency Services:</i> counseling for substance abuse/addiction and recovery, counseling for children of alcoholics/addicts, consultation and screening, DUI services, intensive adult outpatient program, intensive adolescent outpatient program, Alpha Chemical Dependency Treatment Unity (ACT Unit), New Beginnings Extended Care Program for women, and CHRRP House (a sober living facility). Targeted Populations: Children, Adolescents, Adults Insurance: Take most insurances, including Medicaid and Medicare.</p>
<p>Wellness Way Counseling Service 48 Donley St., Suite 103-J Marina Tower (Waterfront) Morgantown, WV Telephone: 304 554-2170 Email: wellnessway123@gmail.com Website: www.wellnesswaycounseling.com Hours: Mon-Fri, 9:00-7:00</p>	<p>Description of Services: Private practice mental health outpatient counseling service operated by National Board Certified Counselors. Telehealth is available. Target Populations: adults and children for anxiety, panic attacks, depression, grief and loss, ADHD, PTSD. Currently taking new clients. Insurance: Blue Cross/Blue Shield, P.E.I.A. Tricare Military One Source, and some EAP Plans</p>
<p>Wellspring Family Services 827 Fairmont Road, Suite 201, Morgantown, WV 26501 Phone: 304-292-1716 Emergency Phone: 800-280-2229 Fax: 304-292-1766 Hours of Operation: 8:30-5:00 (M-F) Evening hours by appointment Website: https://www.crittentonwv.org/wellspring Email: info@crittentonservices.com</p>	<p>Description of Services: Outpatient/In-Home Behavioral Treatment agency; services include comprehensive assessments, individual and family therapy, focus on trauma specific services, supportive counseling, behavior modification, targeted case management, and court reports. Telehealth counseling is available. Targeted Populations: Ages 4 through adults Insurance: WV Medical card, some private insurances, and self-pay.</p>
<p>Whole Brain Solutions, LLC 121 Simpson St. Morgantown, WV 26501 Miranda Riffle, MA, LPC, NCC, EMDR-C Licensed Professional Counselor E-mail: mirandariffle20@gmail.com Sydney Menigoz, MS, LPC, NCC, EMDR-C Licensed Professional Counselor E-mail: sydney@wholebrainsolutionswv.com</p>	<p>Description of Services: Trauma and neuroscience informed psychotherapy services, including a diverse and eclectic approach to client issues and concerns. Specializing in play therapy, creative expression therapy, EMDR, talk therapy, trauma-informed yoga and reiki, Whole Brain Solution offers an array of therapeutic services to help clients of various ages deal with trauma, mood disorders, substance use, addiction, anxiety, depression, or behavioral issues. Targeted Population: Children and adolescents 5-18 years, parents of adolescents, young adults</p>

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<p>Brittany Hutchinson Provisionally Licensed Counselor Email: Brittany.hutchinson@wholebrainsolutionswv.com</p> <p>Website: www.wholebrainsolutionswv.com Hours of Operation: 9am-7pm (Monday-Friday)</p>	<p>Insurance: Accepts PEIA, Aetna, The Health plan, Blue Cross Blue Shield, Highmark, Tricare, or cash pay. Sliding scale available. Comments: Telehealth counseling is available. Initial consults via telehealth services</p>
<p>WM Counseling 50 Clay Street, Suite 3 Morgantown, WV 26501</p> <p>Esther Ervin, LPC Ashleigh Mills, LPC Leesa Jackson, LPC Amy Dale, Provisionally Licensed Counselor</p> <p>Phone: 304-381-4831 Email: office@counselingwm.com Website: www.wmcounseling.net</p>	<p>Description of Services: Therapeutic approaches include humanistic, reality, psychodynamic, CBT; *Specific training in current trauma models of Trauma-Focused CBT, and CPT. Telehealth counseling is available. Targeted Populations: Elementary age and up, trauma, LGBTQ issues, change of life stressors, depression and anxiety Insurance: Accepts PEIA, Cigna, Blue Cross Blue Shield, The Health Plan, UMR, UHC, Optum Network, Aetna, Beacon, Value Options, Benefits Assistance, Tricare, Compsych, out of network* (*depends on carrier benefit; also offers private pay and sliding scale options</p>
<p>WV Autism Training Center</p> <p>Dr. Marc Ellison, Executive Director</p> <p>Old Main 316 1 John Marshall Drive Huntington, West Virginia 25755</p> <p>Phone: 304-696-2332</p> <p>Website: www.marshall.edu/atc</p>	<p>Description of Services: Provides training, information and support to West Virginians with autism, their families, educators, and other persons. The mission of the Autism Training Center is to support individuals with ASD as they pursue a life of quality. This is done through appropriate education, training and support for professional personnel, family members or guardians, and others important in the life of the person with autism. Training shall be provided by highly skilled and appropriately experienced staff. Services also include School-Wide Positive Behavior Support and Early Childhood Positive Behavior support programs, and the first support program for college students with ASD in the nation.</p>
<p>WV Family Grief Center</p> <p>Morgantown Church of Christ 361 Scott Avenue Morgantown, WV 26508</p> <p>Mailing Address: 364 Patterson Drive # 309 Morgantown, WV 26505</p>	<p>Description of Services: Our goal is to provide a safe place with safe people for children, teens, and their families to: know they are not alone in their grief; share their feelings, memories, and experiences in an atmosphere of non-judgmental acceptance; see that what they are going through is normal; know that hope and healing are possible. <i>Families Coping with Change Program</i> provides information to assist children, families, and</p>

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<p>Telephone: 304-282-4935 Email: wecare@wvfgc.org Website: https://www.wvfgc.com/</p>	<p>caregivers who are dealing with a life-threatening illness and possible death of a loved one. <i>Bereavement Peer Support Groups</i> offers group sessions for children, teens, and their caregiver every Thursday 6:00-7:30.</p>
<p>WV System of Care (Region One) WVDHHR-Bureau for Children & Families</p> <p>Regional Clinical Coordinator: Danielle Hinderman, MSW</p> <p>Wellspring Family Services 2606 National Road Wheeling, WV 26003 Email: dhinerman@crittentonwv.org Phone: 304-222-5956 (preferred) or 304-242-7060</p> <p>*Connected with Wellspring Family Services</p>	<p>Description of Services: Provides spectrum of community-based services and supports for children/youth and their families with, or at risk of, out of home care. The services provided are organized into a coordinated network, build meaningful partnerships with youth and families, and address cultural and linguistic needs in order to help individuals function better at home, school, in the community, and throughout life. The strengths and needs of the child and family determine the type and mix of services and supports.</p>
<p>WV Therapy & Wellness Center</p> <p>235 High Street Suite 720 Morgantown, WV 26505</p> <p>Phone: 304-413-0426 Website: wvtherapycenter.org</p>	<p>Description of Services: Specializes in trauma counseling. Provides services for addictions/co-occurring disorders, anxiety/mood disorders, PTSD, trauma/abuse, adolescent/family counseling, relationship/couples counseling (BiGLT safe) Specialize in offering therapeutic services for those who have been adversely affected by trauma and, or addiction. All therapeutic services offered are designed to necessitate the growth, change and healing process.</p> <p>Target Population: Children and adults. Insurance: PEIA, Blue Cross Blue Shield, Unicare</p>
<p>WVU Medicine Children’s Behavioral Medicine and Psychiatry (part of Chestnut Ridge Outpatient Services)</p> <p>Lauren Swager, MD</p> <p>930 Chestnut Ridge Rd. Morgantown, WV 26506 Phone: 304-598-4214</p> <p>*Provides an array of services and specialty clinics. <i>See below!</i></p>	<p>Description of Services: Our psychologists, psychiatrists, therapists, neuropsychologists, and case workers treat all mental health disorders in kids. These include, but are not limited to: anxiety, behavior disorders, conduct disorder, conversion disorder, depression, dissociative disorder, eating disorders, mood disorders, oppositional defiant disorder, PTSD, psychosis, self-harm, suicidality. A variety of outpatient specialty clinics focused on the unique needs of children and adolescents. Services include individual, family, and group counseling.</p> <p>Insurance: Take all insurance except other state’s Medicaid.</p>

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<p>Eating Disorder Interdisciplinary Treatment (EDIT Clinic)</p> <p>WVU Medicine Children’s Behavioral Medicine and Psychiatry</p>	<p>Description of Services: We help children and adolescents dealing with eating disorders. Our team includes psychiatrists, dietitians, pediatricians, and therapists specializing in adolescent medicine. We use cognitive behavior therapy and family counseling throughout the recovery process.</p>
<p>Parent-Child Interaction Therapy Clinic (PCIT)</p> <p>WVU Medicine Children’s Behavioral Medicine and Psychiatry</p>	<p>Description of Services: Parent-Child Interaction Therapy (PCIT) works with families who have children exhibiting behavioral challenges. The program guides parents and children to assist in navigating issues, like noncompliance, aggressive behaviors, tantrums, and oppositional behaviors.</p> <p>Targeted Population: Children ages of 2-7 along with their families.</p>
<p>Pediatric Referral for Evaluation of the Essential Needs of Teens (PREVENT Clinic)</p> <p>WVU Medicine Children’s Behavioral Medicine and Psychiatry</p>	<p>Description of Services: A multidisciplinary clinic designed to provide comprehensive and evidence-based assessment and treatment of adolescents with substance use problems. Services include substance use and behavioral risk assessments/screening, comprehensive psychiatric evaluations, individual and family therapy, medication-supported recovery for tobacco, alcohol, and opiate dependence if indicated, drug testing, psychopharmacology for other mental health conditions, parent guidance and supportive therapy, consultation with pediatricians and communicate services</p> <p>Targeted Population: For teens who have just begun using substances or have had one episode of concerning behavior, to those struggling with more advanced levels of addiction.</p>
<p>WVU Medicine Children’s Neurodevelopmental Center (NDC)</p> <p>201 Baker’s Ridge Road Morgantown, WV 26508</p> <p>Clinic Number: (304) 598-4300 Fax: 304-598-4677</p>	<p>Description of Services: Diagnostic and treatment center with a multidisciplinary team approach, which specializes in neurodevelopmental disabilities including Autism Spectrum Disorder, brain injury, developmental delay, cerebral palsy, early childhood learning difficulties, intellectual disability, metabolic and genetic conditions, neuromuscular disorders, sensory processing difficulties, Tourette Syndrome and more. Outpatient services include physical therapy, occupational therapy, speech therapy, and intensive applied behavior analysis (ABA)</p> <p>Insurance: Accepts medical card and most insurances</p>